

# Family Cancer History Mapping Tool



## About this tool

This powerful mapping tool\* will assist you in developing a comprehensive family cancer history, which can help identify inherited patterns of cancer and guide your GP or medical professional towards identifying your likelihood of having Lynch syndrome.

Lynch syndrome is an inherited genetic mutation which gives people an increased chance of developing certain cancers across their lifetime, often at a younger age than the general population (i.e. before 50 years of age). These cancers include Bowel cancer<sup>^</sup>, Endometrial cancer (lining of the uterus)<sup>^</sup>, Ovarian cancer, Stomach cancer, Hepatobiliary cancer (liver/gallbladder), Urinary tract cancer, Pancreatic cancer, Brain cancer, certain Skin cancers and precancerous lesions, Oesophageal cancer and Small bowel cancer. (<sup>^</sup> *Cancers most commonly associated with Lynch syndrome.*)

### Have you been diagnosed with Lynch syndrome?

It is important that both you and your doctor are aware of your family's cancer history as it will assist in planning your surveillance regime. Complete the plan and ask your doctor to add it to your medical records. Updating your family cancer history regularly will ensure you and your doctor are making sure your surveillance regime is designed specifically to address your individual situation.

## Cancer Family History

Creating a comprehensive family history involves carefully documenting each member of both your mother's and father's family and outlining any cancers they may have been diagnosed with, and at what age they were diagnosed. It may also be important to describe the outcomes of their cancer diagnoses (e.g. treatment, surgery).

Doctors will look for the following pattern of cancers within your family, as they may be indicators to prompt testing for Lynch syndrome. These indicators include:

- 3 or more family members (including you) diagnosed with a Lynch syndrome associated cancer
- 2 consecutive generations or more affected
- 1 affected family member diagnosed before the age of 50

## Mapping tips

For each individual in your DIRECT family line (e.g. parents, grandparents) record their initials, date of birth / death, any form of cancer they've had (in particular the cancers listed above, although you should record all cancers) and the age at which the cancer developed. For extended family (e.g. brothers and sisters, cousins, aunts & uncles, second cousins, great-aunts and uncles) the total number in the space provided and then full details for only those who have had a diagnosis of cancer over their lifetime.

Remember that discussing family health matters can be difficult and requires sensitivity, respect and understanding. Some members of your family may choose not to be involved in this process. You must respect their decision, in which case just fill in the information you know.

Many families. Many cancers. One common cause.

[www.lynchsyndrome.org.au](http://www.lynchsyndrome.org.au)

[info@lynchsyndrome.org.au](mailto:info@lynchsyndrome.org.au)

# 1. Your family



**Lynch Syndrome**  
Australia

You	
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _
Cancer and age diagnosed .....	
.....	
.....	

Your Children		(total number of children (if more than 4) = ___)
<b>(C1)</b>	Initials.....	<b>(C2)</b> Initials.....
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _	Birth (year) _ _ _ _
Any cancer(s) and age diagnosed .....		Death (year) _ _ _ _ (age) _ _ _
.....		Cancer and age diagnosed .....
.....		.....
.....		.....
<b>(C3)</b>	Initials.....	<b>(C4)</b> Initials.....
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _	Birth (year) _ _ _ _
Cancer and age diagnosed .....		Death (year) _ _ _ _ (age) _ _ _
.....		Cancer and age diagnosed .....
.....		.....
.....		.....

Your Siblings (your brothers and sisters)		(total siblings (if more than 4) = ___)
<b>(S1) Parent ref. above: _ _</b>	Initials.....	<b>(S2) Parent ref. above: _ _</b> Initials.....
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _	Birth (year) _ _ _ _
Cancer and age diagnosed .....		Death (year) _ _ _ _ (age) _ _ _
.....		Cancer and age diagnosed .....
.....		.....
.....		.....
<b>(S3) Parent ref. above: _ _</b>	Initials.....	<b>(S4) Parent ref. above: _ _</b> Initials.....
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _	Birth (year) _ _ _ _
Cancer and age diagnosed .....		Death (year) _ _ _ _ (age) _ _ _
.....		Cancer and age diagnosed .....
.....		.....
.....		.....

## Extra rows, if YOU have any additional CHILDREN (C5, C6...) or SIBLINGS (S5, S6...)

<b>( )</b>	Initials.....	<b>( )</b>	Initials.....
Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _	Birth (year) _ _ _ _	Death (year) _ _ _ _ (age) _ _ _
Cancer and age diagnosed .....		Cancer and age diagnosed .....	
.....		.....	
.....		.....	
<b>( )</b>	Initials.....	<b>( )</b>	Initials.....
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## 2. Your Mother's family



**Lynch Syndrome**  
Australia

Your Mother	
Birth (year) ____	Death (year) ____ (age) ____
Cancer and age diagnosed .....	
.....	
.....	

### Your Mother's Siblings (your Aunts and Uncles) (total number of siblings (if more than 4) = \_\_\_\_)

<b>(MS1)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Any cancer(s) and age diagnosed .....	<b>(MS2)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....
<b>(MS3)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....	<b>(MS4)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....

### Your Grandparents (your Mother's parents)

<b>(MG1)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....	<b>(MG2)</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....
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### Any known cancers among Your Cousins (on your Mother's side)

<b>Parent ref. above: __</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....	<b>Parent ref. above: __</b> Initials..... Birth (year) ____ Death (year) ____ (age) ____ Cancer and age diagnosed .....
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\* Parent ref. refers to the number for this cousin's parent (eg MS1, MS2 from the table above)

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## Additional family members:

### Mother's side.

Please use this page to identify any other family members who have had cancer. This may include cousins, second-cousins, great-aunts/uncles, great grandparents.



**Lynch Syndrome**  
Australia

<p><b>Your .....</b> Initials.....</p> <p>Birth (year) ____ Death (year) ____ (age) ____</p> <p>Any cancer(s) and age diagnosed .....</p> <p>.....</p> <p>.....</p>	<p><b>Your .....</b> Initials.....</p> <p>Birth (year) ____ Death (year) ____ (age) ____</p> <p>Cancer and age diagnosed .....</p> <p>.....</p> <p>.....</p>
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### Notes:

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### 3. Your Father's family



**Lynch Syndrome**  
Australia

Your Father
Birth (year) _____ Death (year) _____ (age) _____ Cancer and age diagnosed ..... ..... .....

Your Father's Siblings (your Aunts and Uncles)	(total number of siblings (if more than 4) = ____)
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Your Grandparents (your Father's parents)
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